

The functions in this section of **Power Defrag 3.00** allow you **to secure vital parts** of your **Windows operating system**.

Under **Windows XP**, you can set a **system restore point**. Although Windows will do this by itself every so often, it is useful to be able to **create one at will**.

Under **Windows 95 and 98**, these functions are oriented **around backing your registry up** and **keeping it in good repair**.

We **recommend** using these **backup functions** before you install **any new software packages** or reconfigure your system. The backups can be restored using the functions on the **Tools menu** of Power Defrag 3.00.